## ONE STOP CANCER SHOP

According to the Center for Disease Control and Prevention:

Compared to members of other racial and ethnic groups, Black and African American people have higher rates of getting and dying from many kinds of cancer.

- Black people have the highest death rate for cancer overall.
- Black people have a lower overall 5-year cancer survival rate than White people.
- Black people are more likely than White people to be diagnosed with female breast, lung, and colorectal cancers at a late stage when cancer is harder to treat.
- Many cancers can be prevented. Staying away from tobacco smoke, keeping a healthy
  weight, drinking little or no alcohol, and getting human papillomavirus (HPV) vaccinations
  on time can lower the risk of getting cancer.
- More Black men than White men say they smoke cigarettes now and are more likely than other groups to be exposed to smoke from other people's cigarettes, called secondhand smoke.
- Obesity is most prevalent among non-Hispanic Black adults.
- Overall, non-Hispanic Black adults are less likely than non-Hispanic White adults to be vaccinated against HPV. HPV vaccines help prevent several kinds of cancer.
- Black people are more likely than White people to be up to date on screening tests for colorectal, breast, and cervical cancer.

Make lifestyle changes to reduce your risk

- Stop Smoking
- Make some steps to lose weight
- Decrease Alcohol to 5 drinks per week

## AND GET screened.

The One Stop Cancer Shop events are:
Sept 27, 2025 at Mt Calvary Community Church - 5112 Ames
Nov 1, 2025 at Nebraska Urban Indian Health Center - 2226 N Street

The One Stop Cancer Shop is a partnership between churches and social organizations in North and South Omaha. OSCS aims to address medical mistrust by educating health care providers and bringing cancer screening to the community by partnering with UNMC College of Nursing, Nebraska Medicine, and Fred and Pamela Buffett Cancer Center.

For more information see 1stopcancerneb.com or email info@1stopcanerneb.com

